



### ***Sip the Autumn Sun: Discover La Palma's Volcanic Wine Heritage***

London, 15 September 2025 – As the UK settles into cooler days, the Canary Island of La Palma offers the perfect autumn escape — where golden sunshine, dramatic volcanic landscapes, and centuries-old wine traditions create an unforgettable experience for wine lovers.

La Palma [wines](#) are as extraordinary as the island itself. Here, vines rise from volcanic soils, clinging to steep mountainsides at up to 1,500 metres above sea level. Aged in handcrafted Canarian pine “tea barrels”, these wines develop a flavour that is truly unique, with notes that intrigue even the most refined palates.



*Eufrosina Pérez Rodríguez, Credit: Visit La Palma*



Most recently, Historic craft stemming from 1500s has been revamped by pioneering women shaping the island’s future. Eufrosina Pérez Rodríguez, who started her winery in Briesta, [Garafía](#) over 20 years ago, became the island’s first professionally recognized female winemaker. Meanwhile, Victoria Torres Pecis is the first woman in over a century to lead her family’s established winery, Matías i Torres, which has been producing volcanic wines since 1885. These trailblazing women are redefining the island’s winemaking heritage, blending tradition with modern sensibilities.

Travellers can explore family-run wineries and enjoy immersive tastings:

Bodegas Tamanca, near the Cumbre Vieja volcanic area, serves wines alongside local dishes in a rustic setting where oak barrels double as dining tables. The bodega celebrates its 30th anniversary next year — the perfect moment to raise a glass.

Juan Matías Torres Winery, led by Victoria Torres Pecis, is a hidden gem in [Fuencaliente](#). Her biodynamic, artisanal wines are crafted by hand and fermented in tea barrels, sought after across Spain and as far afield as Japan.

In Garafía, the family-run Bodegas Perdomo and Tagalguén Winery produce organic and traditionally made wines, offering visitors an authentic taste of La Palma’s volcanic terroir.

Whether wandering through lush vineyards, toasting the sunset on a clifftop, or enjoying a slow meal where barrels double as table settings, wine tasting on La Palma is not just about flavour — it’s about feeling the rhythm of island life.

This autumn, swap grey skies for vineyard walks, warm breezes, and glasses of volcanic wine in La Palma, the Canary Islands’ best-kept secret.

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### About La Palma

La Palma is a Biosphere and Starlight Reserve, located in the northwestern corner of the Canary Islands. Rugged, beautiful, surprising, and wonderful surface area stretches over 706 square kilometres, and boasts a wide landscape enriched with climate diversity defining it as the "Beautiful Island." La Palma echoes exceptional natural beauty that makes it a fascinating island with versatile flora and fauna, inviting for new discoveries.

<https://visitlapalma.es/en>

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